
Welcome to Ben Schaffer Cancer Institute

Ben Schaffer Cancer Institute provides comprehensive radiation oncology services to the cancer patients in the San Joaquin Valley.

Since 1997, Ben Schaffer Cancer Institute has served thousands of patients in Lodi and surrounding areas by providing technical excellence in a healing environment.

Our team of dedicated and caring professionals have the experience and expertise needed to win the fight against cancer.

Our Physician: Travers J. McLoughlin, M.D.

Travers J. McLoughlin, M.D. is dedicated to providing great care and service to patients and their families. Dr. McLoughlin trained at NewYork-Presbyterian Weill Cornell Medical College and is an expert in radiation oncology.

Dr. McLoughlin balances the latest science of cancer treatment with compassionate care. He has a tremendous clinical interest in lung, prostate, breast, head and neck, GI, CNS, and gynecologic cancers. He is highly trained in prostate, breast, and gynecologic brachytherapy and stereotactic radiation.

(209) 365-1761

www.bscaffercancer.com

Ben Schaffer Cancer Institute
311 South Ham Lane
Lodi, California 95242



Ben Schaffer Cancer Institute

Fall / Winter 2011 Newsletter



Our Advanced Treatment Options

Ben Schaffer Cancer Institute provides patients with some of the most advanced technologies available to treat cancer. Some of the treatments and technologies available at our center include:

- **Intensity Modulated Radiation Therapy (IMRT)** – a sophisticated type of external beam radiotherapy which allows delivery of precisely targeted radiation beams to tumors, while sparing the surrounding healthy organs and tissues.
- **Image Guided Radiotherapy (IGRT)**
– visualized CT scans that verify target locations immediately before treatment delivery. In conjunction with IMRT, this allows for unprecedented accuracy in delivering radiotherapy.
- **Three-Dimensional Conformal Radiation Therapy (3D-CRT)** – a sophisticated set of computer assisted tomography scans (CT or CAT scans) and/or magnetic resonance imaging scans (MR or MRI scans) that create detailed, three-dimensional representations of tumors and surrounding organs for precise delivery of radiation beams to the exact size and shape of the tumor.
- **High Dose Rate Brachytherapy (HDR)** – an innovative form of internal radiotherapy that places radioactive materials directly in contact with cancer tissues using catheters or wires, which are then removed when a curative dose has been delivered to the cancer. This comprehensive, aggressive approach to treatment ensures the maximum radiation dose is given where you need it most, while sparing the healthy surrounding tissue.



Helping Patients Cope With Cancer Around the Holidays

With the holiday season fast approaching, those undergoing cancer treatment may feel “out of step” and overwhelmed this time of year. What can already be a stressful time of year can be even more so when cancer treatment is added into the mix.

While it is best for patients to communicate concerns (holiday related or not) to friends, family and caregivers, there are still steps that patients can take to reduce seasonal stress such as:

- Making plans to spend time with family, friends and coworkers as their energy allows
- Letting someone else do the entertaining and cooking (or letting a favorite restaurant do the work)
- Trying online shopping instead of going to crowded shopping centers, or simply checking in with loved ones through notes or phone calls
- Expressing and sharing feelings with those who care

For more tips and information on helping patients cope with cancer during the holidays and other times of the year, visit www.cancercare.org.

Breast Cancer Awareness Month

October is Breast Cancer Awareness Month, making it the perfect time to highlight comprehensive approaches to breast cancer treatment that can help nearly 80 percent of patients live at least 10 years after their diagnosis.

While the main treatment for breast cancer is still surgery, with the incorporation of post-operative radiation therapy as well as chemotherapy and/or hormone blocking therapy, breast cancer patients have better outlooks than ever before.

Radiation therapy, a painless and targeted treatment designed to kill cancer cells that may still exist after surgery, can be delivered via external beam radiation therapy such as three-dimensional conformal radiation therapy (3D-CRT).

Patients who are candidates for 3D-CRT or other forms of external beam radiation will typically undergo a series of treatment sessions five days week, for six to eight weeks.

Ben Schaffer Cancer Institute provides 3D-CRT and other forms of radiation therapy to help breast cancer patients overcome their diagnoses. Our center also works closely with breast surgeons, medical oncologists, hematologists and other cancer specialists to ensure that each patient receives the most comprehensive, inclusive and beneficial course of treatment.

Learn more about our center and contact us today at:

(209) 365-1761

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